# The Good Samaritan Center

## "A HEALING PLACE"



Providing a safe, Christ-centered environment that gives our patients quality, coordinated, and affordable health care.

Spring 2019

# Love is not easily angered (1 Cor. 13:5)

By John Willome

"When you see suffering on the news, how do you respond to it?"
That's what a friend of my dad's asked him back in the mid 90s. My dad's response? "I guess I'm kind of numb to it." That exchange ended up changing my dad's life, and he ended up getting deeply involved with a group of missionaries in Haiti.

As for me, I prayed in 2003 that God would make me willing to touch other people's pain. Soon thereafter, He brought me the opportunity to volunteer and eventually work for a nonprofit in Waco that helped young children in multigenerational poverty.

Through these experiences, God has greatly enriched my dad's and my lives. I'm sure a lot of you can tell similar stories. Part of my faith walk is being sensitive to the pain and suffering around me and responding to the needs God puts on my heart.

What does this have to do with love not being *easily* angered? I'm sure you've seen what I've seen lately on the news and in social media. There is a lot of anger out there. Most of it is coming *too easily*, but some of it is good anger. It is a sign that God is touching your heart to get involved.

For example, I've seen a lot of outrage over the last few weeks about Robert Kraft of the New England Patriots and the South Florida massage parlor scandal. Sure, it's great to express your outrage, but is God calling you to actually take that anger and do something with it?

Maybe the answer is no, human trafficking is not on your list. Maybe for you it is feeding people. Maybe it is healthcare for the uninsured. Maybe domestic violence. Whatever it is, let the anger that is part of the love Paul talks about in 1 Cor. 13 spur you into action. The real surprise is how much your actions will bless you in return.

# The Providers of Austin Heart - Fredericksburg 2019 Good Samaritan Award Recipients







Pictured top row, l to r: Dr. Mell Jackson, Dr. Kevin Gallagher, and Dr. Noah Greene.

Pictured at right: Nurse Practitioner Jennifer Shelden.

## A Samaritan's Story

The Good Samaritan Center offers something that almost no other private family practice doctor's office can offer—integrated care. We are the medical home for our patients, but that doesn't mean only doctor visits. It also means prescription assistance, diabetes education, home visits, dental appointments for fillings, extractions, and cleanings, and mental health counseling. Working with this range of resources on behalf of our patients is a new and refreshing experience for our new doctor, Rachel Myers, M.D.

In late February, we had a female patient who is an insulindependent diabetic. Dr. Myers was frustrated because the woman's numbers weren't any better than when she had been here in the fall. Why wasn't she taking her insulin properly?

Dr. Myers set the patient up with our diabetes educator, Delia. Delia met with the patient and then made a home visit to try to figure out why the woman wasn't getting better.

Once there, it didn't take long for Delia to solve the mystery. The patient can't see. As a result of her poor vision, she literally couldn't see how many units of insulin she was giving herself.

Delia worked with Dr. Myers to switch the patient to a different kind of pre-dosed insulin. Then Delia got the woman an eye exam with one of our optometry partners and secured her a voucher for free eyeglasses from Prevent Blindness Texas.

Patients who go to traditional family practice doctors normally don't need these kinds of extra intervention, but ours often do. *Because of your donations*, we can be a special place that helps those who come to us get healthy and stay healthy. This has a side benefit of keeping them out of the hospital, at work, and taking care of their families. Our community coming together to serve them is what helping others in Jesus' name is all about.



The Good Samaritan Center will honor the providers at Austin Heart – Fredericksburg for their dedication to the health of our community, with our First Annual

Good Samaritan Award an our annual dinner on May 7.

For more information about how to get tickets to help us honor these great community neighbors, see page 2.

## **Our Wish List:**

 \$2,000 for a liquid nitrogen tank for in-house skin procedures.

Please call the Center to verify whether someone has already donated or contributed towards this item.

Thank you!

# Annual Dinner to feature First Annual Good Samaritan Award honoring the providers at Austin Heart—Fredericksburg

## May 7 at St. Mary's Parish Holy Family Center

When James Avery designed our logo more than 15 years ago, he captured the essence of Jesus' parable of the Good Samaritan—one person loving their neighbor as themselves. "But who is my neighbor?"

It is one thing to offer a clinic for someone to come and get checked out, but what happens when that patient needs significant treatment? What if they have a hernia? What if they have sleep apnea? What if they have an injured knee? Obviously, there are limitations for any family practice doctor when it comes to these challenges. We need specialist

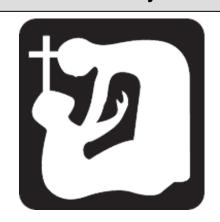
Out of gratitude for everything the specialists in our community do to help our patients, we have created an annual "Good Samaritan Award" to present to a specialist/specialist group at our annual fundraising dinner in May each year.

For our first annual award, we have chosen the providers at Austin Heart - Fredericksburg. These three doctors and the nurse practitioner (pictured on the cover), along with their great staff, accepted 61 patient referrals from us in 2018. They included everything from patients with serious heart issues to helping us conduct sleep studies for patients.

Please consider joining us for this special time of celebrating these providers and everyone else who helps us do what we do for our patients.

Of course, that includes you too.

Thank you!, and we hope to see you there!



James Avery created our logo after the board selected the operating name for our charitable clinic as The Good Samaritan Center. Emphasizing one neighbor helping another with the cross connecting them captures the essence of all those who comes together to help us help our patients.

When: Tuesday, May 7, 6:30 pm to 9 pm (RSVP no later than Monday, April 22.)

Where: St. Mary's Parish Holy Family Center (306 W San Antonio St., Fredericksburg)

**Cost:** \$100 per person (\$60 deductible) or \$1.000 for a table of eight (\$680 deductible) (Seating is limited.)

**Contact:** Use the reply card on page 7 or visit our website at www.goodsamfbg.org

### 2019 Fundraising Dinner Menu

Arugula Salad with Beets, Walnuts, Mandarin Oranges & Red Onion Dressed with Meyer Lemon Vinaigrette

Sliced Seared Tenderloin of Beef with Sundried Tomato Demi-glace

Gilled Salmon with Fennel Cream Sauce (on the side)

Wild Rice & Quinoa Blend

Spinach Gratin

Small Chocolate Cups filled with Chocolate Mousse

As we go to press, we already have three of our four underwriters! Many thanks to:

Cindy and Bruce Busby





## 2018 was a Year of Providence

by Executive Director John Willome

A lot of our prayers were answered in 2018. We prayed for a doctor to replace our retiring medical director, Dr. Jerry Bane, and out of the blue, Dr. Rachel Myers contacted us. Providence.

During the summer, when donations are historically at their lowest, I spent some time in prayer and, out of the blue, we received several unique donations, including one gift of actual bars of silver.

Throughout the year, we pray for patients at our Monday morning chapel time. Happily, we saw many of them receive a "yes" from God in answer to prayers on their behalf.

I simply cannot tell the story of 2018 without acknowledging, from the start, that God really did provide for us, and that includes working through most of you. You may not have realized it at the time, but you might have been an answer to our prayers. Thank you!

To the right are some statistics referencing how many patients we saw in 2018. Please keep in mind that each number represents a life.

Our patients usually come to us in some sort of pain and/or crisis. They are scared, and we are often their only option for healthcare. We see them and treat them. We couldn't do this without you and everyone else who supports us in our mission.

Your help blesses us and allows us to be here for our patients.

<b>Provider Appointments</b>	Total	New
Medical Appts	2,051	282
Dental Appts	1,276	82
Mental Health Counseling	g 287	
Medications	#	\$ Value
Prescriptions Dispensed	1,740	\$121,259
Prescriptions Dispensed Medication Assistance	1,740	\$121,259

#### Community Health Worker

Community meanin works	ı
Home Visits	19 visits for 130 people
Public Health Screening	24 events
Group Education Classes	10 events
Diabetic Follow-Ups	290 one-on-one appts.
Monthly Food Trailer	12 events
•	

Volunteer Hours	Total	\$ Value
Total Volunteer hours	3,925	\$94,743

### **GENERAL DONATIONS**

The following is a listing of donors for gifts received September 1, 2018, through February 28, 2019.

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Pictured here are a pair of photos on loan to GSC by the award-winning nature photographer Jim Heuple. (see page 8 for more about Jim)

Tiny black-and-white reproductions do not do justice to these brilliant, colorful bird portraits, which hang in the Center's clinical area for viewing by patients, staff and volunteers. You, too, can enjoy seeing these works of art when you tour the Good Samaritan Center. Contact John Willome to book a tour with us.

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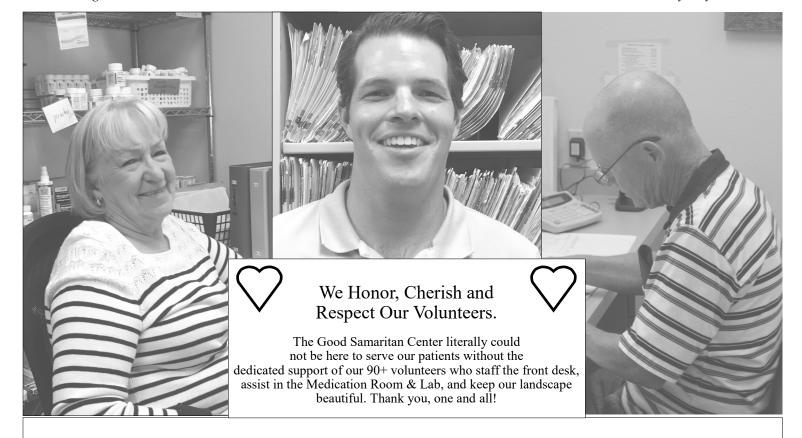
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Above, left to right, are three of our team of wonderful volunteers. Retired LVN Parlet Kunz assists in our Medication Room helping process prescription drugs for patients participating in our Medication Assistance Program (MAP). Zac Hoerster, DDS, takes time off from his dental practice one afternoon each month to donate his professional services to the Center's dental program. Ken Miles, along with his wife, Becky (who is not shown here), works the front desk, greeting patients and assisting them with their appointments.

Drs. Martha Walton, Anne Pluenneke & Charles Cohn of Fredericksburg Eye Associates made a donation in honor of the following doctors and medical professionals.

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Bethany Lutheran Foundation of Fredericksburg, TX Christ Lutheran Church Women of the ELCA Faith Baptist Church First Baptist Church

Greater Life Christian Center Happy Quilters of Trinity Lutheran Church Hill Country Church Holy Ghost Lutheran Church Kerrville First Methodist Church

Memorial Presbyterian Church Resurrection Lutheran Church St. Barnabas Men's Bible Study St. Paul Lutheran Church

St. Rose Society St. Vincent de Paul Society Texas Methodist Foundation Trinity Lutheran Church Women of Memorial Presbyterian Church Zion Lutheran Church

Every donation is precious to us, and we do our best to make certain every one is correctly listed. Please let us know if you see an error or if you think we've made an omission. Thank you.

## Vec I want to helm!

You are welcome to help us in any way that you feel led to be involved. important to us. But we need volunteers and "Wish List Items" too. We	. 70% of our budget comes from private donations so those are
Name:	appreciate any way you want to be involved.
Address:	☐ Monthly commitment (amount <u>\$</u> )
City/ST/Zip:	☐ One-time donation (amount <u>\$</u>
Phone:	☐ Memoriam/Honorarium (see below)
Email:	□ ticket(s) to the dinner (\$100 each)
☐ Check Enclosed ☐ Credit Card	□ table(s) to the dinner (\$1,000 each)
	☐ Wish List (see cover for list)
Exp. Date/CVV	□ Volunteer (type of activity)
Memorials/Honorariums (please circle one):	☐ Please make my gift anonymous
Name of honoree:	
Person(s) to be notified:	
Address:	The Good Samaritan Center 140 Industrial Loop, Ste. 100
City/State/Zip:	Fredericksburg, TX 78624
	Phone: 830.990.8651

Thank you!

GSC is a 501(c)(3) nonprofit organization. Your donation is tax

deductible within the limits of current IRS tax codes.

John Willome, Executive Director jwillome@goodsamfbg.org

Fax: 830.990.0852

www.goodsamfbg.org



Return Service Requested

**Executive Director:** John Willome

Medical Director: Rachel Myers, M.D.

Board of Directors: Bruce Good James Heupel Rev. Ann Hoch Billy Johnson Sharon Joseph Lorri Kendrick Rad Kothmann, M.D. Philip Maple, M.D. Jim Overman Cynthia Scroggins John Youngblood, M.D.



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## "Which of these three do you think was a neighbor to the man...?" Luke 10:36a

# This Volunteer Takes Out GSC's Trash and Takes Award-winning Photos

When not trekking across a frozen tundra or hunkering in a steamy rainforest, Jim Heupel is often found hauling out trash and recyclables at the Good Samaritan Center (GSC).

As one of our corps of nearly 90 dedicated volunteers, Jim has assumed the role of GSC's sanitation engineer. He takes our accumulated plastic containers, empty aluminum cans, newspapers, cardboard and shredded bond paper to the City Recycling Center nearly every week.

It's not every week, because sometimes Jim is not available to schlep our trash, usually because he's off to an exotic locale armed

with his trusty Cannon digital camera. Jim Heupel is an award-winning international wildlife and nature photographer. Several of his stunning photos grace the Center's wall, and he is a featured artist and part owner of Gallery One9Five in Boerne.

Jim came to Fredericksburg with his wife, Jackie, after a 27-year career in the



'The Center is supported mostly through individual donations ... people in our community continue providing the majority of these funds. It gladdens my heart.'

#### Jim Heupel **Facilities Volunteer & Board Member**

U. S. Air Force, "We lived in many exotic places," he said, "Thailand, Germany, Japan, Del Rio." He retired in 1997 as a Colonel and Chief Trial Judge of the Air Force.

Jim has an almost equally long history with GSC. "I worked with Sara (Allerkamp) and Katherine Peake in the Center's beginning," he said.

He served on the original Board of Directors in 2004 continuing through 2013. . "I've held every office except treasurer, including two years as president," he said.

Jim rejoined the Board in 2017 and currently serves as chairman of Board Development. "I was on the committee that interviewed and picked John (Willome) as the next executive director," Jim said.

"I'd helped Sara in the Free Clinic days, so I knew there was real need for a clinic," he said, "but I was amazed at how the Center turned out: it's a beautiful welcoming medical home for our patients.'

"What still surprises me," he added, "is how the Center is supported mostly through individual donations. The original budget (26 years ago) was about \$150,000. Now it's almost \$1 million, and the people in our community continue providing the majority of these funds.

"It gladdens my heart."